

**Master Results**  
COACHING • CONSULTANCY • TRAINING

# Master Your Mind – Breakthrough Weekend Overview

[www.masterresults.com.au](http://www.masterresults.com.au)

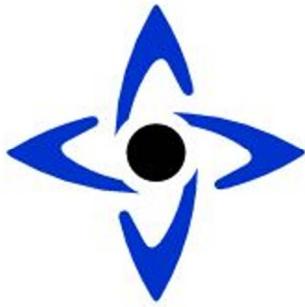
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## Master Your Mind Breakthrough Weekend



### **Is it TIME to master YOUR life?**

Do you want to kick start your life?

Are you fed up with the same cycle day in day out?

Is it time to REMOVE the hurdles interfering with your SUCCESS?

The TIME is NOW!

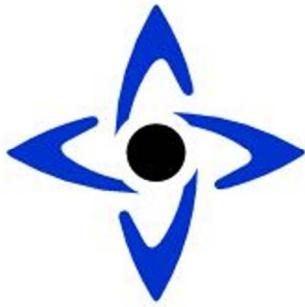
**Master your Mind – Breakthrough Weekend** is a powerful introductory two day seminar to understanding the fundamental components to creating a future you desire. The seminar runs over two consecutive days and addresses a number of topics. The seminar focuses on a practical aspect of the skills and will not only teach you the principles, yet allow you to experience the effects for yourself.

There are key areas that will be covered within the seminar.

- ✦ Understand the power of our thoughts and Mindset
- ✦ Remove personal barriers and create powerful strategies to create your results
- ✦ Develop and foster respectful, loving and fulfilling relationships in all areas including family, friendships, and working colleagues.
- ✦ Identify the life you desire

Master Results is the only NLP training company in Central Queensland which offers Breakthrough group sessions which enable people to focus on a particular area of their lives, and make substantial change.

We believe the only limitation in life is the one we place on ourselves, so let's get rid of all of them. Success is right there for you!



## Master Your Mind Breakthrough Weekend



### YOUR INVESTMENT

Early Bird  
**\$199.00**

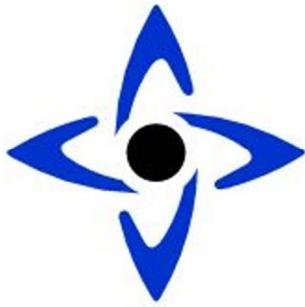
Full Rate  
**\$395.00**

### MASTER YOUR MIND – BREAKTHROUGH WEEKEND

Course price includes:

- ✓ Workbook
- ✓ Follow up support to implement strategies

To register call Sara on 0403028986 or visit [www.masterresults.com.au](http://www.masterresults.com.au)



## Master Your Mind Breakthrough Weekend



### **SARA McCARTNEY** - YOUR COACH AND TRAINER



Sara has always had a passion for assisting people to achieve and to improve, to being the best version of themselves.

Sara's background is in psychology, and with a growing interest in human behaviour and motivations for change, Sara continued her learning and welcomed the world of NLP, Time Line Therapy® and Hypnotherapy, which enabled her to not only embrace her own passion, but assist others in developing theirs.

Sara operates a success coaching and training business which has worked with individuals and businesses to take themselves to the next level of their success goals.

Sara believes that the only limitation a person has on themselves, is the one they place on themselves. If you want to let go of all limitations, this join Sara in this training and start of your journey TODAY!

#### **Why train with Master Results?**

- Our courses are kept to a smaller group size to ensure personalised attention to students to maximise learning and performance outcomes.
- Ongoing support – post completion of your course, you receive ongoing support to implement your new skill set.
- Sara, our trainer, is an Internationally Recognised and Certified Trainer who brings a wealth of experience to the training.