



**Master Results**  
COACHING • CONSULTANCY • TRAINING

# Accelerated NLP Practitioner Certification Training Overview

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# NLP PRACTITIONER TRAINING



## What if you could...

**What if you could let go of the struggles holding you back from your fullest potential?**

**Let go of the negative emotions and limiting beliefs which prevent you from being the person you have always wanted to be?**

**Develop a set of skills which you can utilise in every interaction with others to create influence and produce results?**

THIS is the course for you.

Master Results is the only NLP training company in Central Queensland which offers THREE certifications in just ONE intensive course.

- **NLP Practitioner Certification**
- **NLP Coach Practitioner Certification**
- **Time Line Therapy® Practitioner Certification**

Gain the skills to change and improve your life and others. Break through limitations, remove fears and create the life you want.

This incredibly intensive **5 day training** is specifically designed to break through the limitations we have created through our stories, beliefs and strategies. Discover the power within yourself to master communication and interactions to produce limitless possibilities.

Throughout this training, you'll identify what you truly want in life. You'll break through whatever's been holding you back. You'll discover the internal resources you hold to create them, and you will kick start your path to success. We believe the only limitation in life is the one we place on ourselves, so let's get rid of all of them. Success is right there for you!



# NLP PRACTITIONER TRAINING



## What is NLP?

Neuro-Linguistic Programming (NLP) is the most practical, results oriented technology of detecting, understanding and getting in control of our conscious and unconscious thinking. We will show you how to use this with self and others — individually and as a coach!

NLP is the study of excellence that focuses at identifying communication and behaviour to produce a state of excellence. Within this training, you will learn how to use techniques with yourself and others.

Understanding NLP can help you achieve excellence in your life, no matter what you desire. NLP is a proven and potent method for achieving what you want in your life. It requires a disciplined approach to communication, and to personal and professional development. NLP also explores the connection between neurological processes (“neuro”), language (“linguistic”) and experiential behaviours (“programming”).



# NLP PRACTITIONER TRAINING



## PROGRAM OVERVIEW

The Accelerated NLP Program is for people who want to develop a skill set to create distinct and permanent change in their lives. This powerful training is designed to move people from their current mindset, to one of growth and achievement. Within this training you will learn a vast number of skills which will be the 'HOW' utilised for both yourself and in all aspects of your life. By enriching your power within, and realigning it towards your goals, you will be challenged to design and create your life.

Within this training you will learn:

- ✓ Learn to create and master a mindset of growth and power
- ✓ Instantly develop a state of Rapport with all those you come in contact with
- ✓ Master communication, use language in a more powerful manner, and create influence to all those around you
- ✓ Master your sales abilities by being able to communicate and interact confidently, managing objections, and aligning your communication systems.
- ✓ Discover the barriers that have held you back, or maintain that 'problem' in your life
- ✓ Break free of the fears, limiting beliefs, parts and negative emotions which have held you back from your fullest potential (including unconscious ones)
- ✓ Develop powerful new strategies and destroy disempowering ones
- ✓ Leave all habits behind including procrastination, resulting in pure motivation
- ✓ Be skilled and competent in all the powerful strategies of Time Line Therapy®
- ✓ Be qualified to coach others to their success
- ✓ Learn the tools to create goals in your future which you fully achieve
- ✓ Have the confidence you need to take the next step in your journey of life

**MAKE THE DECISION AND TAKE ACTION TODAY TO CREATE THE FUTURE YOU HAVE ALWAYS WANTED!**



# NLP PRACTITIONER TRAINING



## DAY ONE

And what a day it is... **the commencement of your journey.**

What would happen if you learnt a framework and set of principles which when applied would alter your mindset and assist in creating the life you want?

Imagine becoming the master of communication whereby every interaction produces results.

What if you were able to improve the quality of your relationships?

These are just a few of the areas you will master in this journey.

### **What you will cover:**

- ❖ The basis of NLP – The day starts with creating a good understanding of NLP, 'our model of the world' and how change is created. Learn the principles of NLP and how the combination of these principles along with the collection of powerful strategies are about to rock your world.
- ❖ Understand how we learn, interpret and evaluate the world around us.
- ❖ Learn the 5 principles of success
- ❖ Discover a method of not only setting goals, but a clear strategy for achieving them too.
- ❖ Develop a higher understanding of rapport and how to build it at both the conscious level and unconscious level with anyone you meet, both in person and over the telephone. Ever wanted to know how that instant feeling of familiarity and connection are created. You will!
- ❖ Learn the skills to become a master communicator. Delve into the science of language and communication, and understand how the nervous system interprets the information. These learnings can be applied in all areas of personal, business and therapy.

**This is a 'doing' course which explains all the 'how's' and gives you the time to practice and implement the skills so you become the master.**



# NLP PRACTITIONER TRAINING



## DAY TWO

The power of stories! Stories are a method of communication to those around us, and within ourselves. These stories can be powerful and guide us in our direction in life. Often these stories influence our motivations and the actions we take. During this training day, you will learn the power of your stories, and the stories we hear from others, and gain the power, insight, and skills to change your stories to those of success.

Anchoring is a process where we make strong connections with stimulus in our environment, and you will learn to control your feelings, and state of mind along with other powerful strategies.

In amongst all this, you will learn also Submodalities which is the coding in which we interpret the world. Once you know about it, you have power to change it.

- ❖ Learn the power of metaphors (stories) and how to utilise them. Empower others with your words
- ❖ Understand how our brains interpret and process the world, and then take control of it.
- ❖ Rid yourself of unwanted behaviours (like eating the wrong foods) using the techniques involving Submodalities
- ❖ Learn to shift limiting beliefs through a structured tool using Submodalities
- ❖ Un-helpful emotional response? Learn to change them using a Swish Pattern
- ❖ Discover and master your emotional states through the power of Anchoring
- ❖ Understand the process of triggers and learn to set up or remove triggers in your environment which lead you in specific directions
- ❖ Create powerful Anchors of internal states and utilise them for success
- ❖ Get rid of procrastination. Just imagine how you will achieve those goals!



# NLP PRACTITIONER TRAINING



## DAY THREE

Why do people do what they do? Have you ever wondered that question too? Strategies is the answer. Strategies are the patterns in which form all actions. They are the mental sequence of internal processes which produce a specific outcome or behaviour. Once you learn how to decipher a pattern, you will then learn the power of changing them.

Continuing your learning of Anchors, you will learn a process of chaining them to move from an undesired state to a more desired one. For example, completely diminishing any state of procrastination with an instant transition to motivation.

Deluging further into communication, lets learn the art of reframing, which is a powerful tool used to reduce resistance, empower and in business, to handle objections.

And rounding out an awesome day, we want to resolve all inner conflicts to allow you to be focused and congruent in life.

- ❖ Learn the step-by-step process for how to elicit, design, and install strategies to consistently achieve any result you desire
- ❖ Learn to elicit strategies in a vast range of areas including motivation, procrastination, happiness, stress, public speaking, communication, sales, health, wealth, fun, love and sex, to name a few. What if you could discover how to identify and change strategies in yourself and others... and utilise this to your life and business? We will show you how to dissolve any disempowering strategies as the hurdles to your success.
- ❖ Master the Art of Reframing! To be able to communicate with purpose, to handle objections, or shift mindset. How do we influence people beyond the conscious level by changing the way they represent words in their mind? Today we will teach you how to be the most flexible communicator and create changes in the minds of your clients in therapy, Business or in daily life!
- ❖ Inner conflicts can prevent us from taking consistent action towards our goals. With diving into this further, we will discover how to dissolve parts at the unconscious level using what is called a "Parts Integration". This is an extremely powerful technique for people who are in "two minds". E.g. "people that say they are torn between two aspects". A part always has a certain behaviour that it produces and it blocks up the flow of neural network information. Removal of that blockage frees the flow towards our success.



# NLP PRACTITIONER TRAINING



## DAY FOUR

Hold on to your hats, today we're going for a ride!

Mindfulness is a process of being mentally present at any given moment in time. Which robs people from this gift. What leads someone to mentally reside in their past or worry about their future? Our unconscious mind has a need for completion, and so will often provide these instances to our conscious mind for resolution. Sometimes we are not sure how to resolve them. This is where Time Line Therapy® comes into play. You will learn not only how to let negative emotions release in your life, you will also learn how to assist others to release theirs too, whether in business or therapy.

Now that you've conquered your fears, cleared those anxieties and removed any negative emotions from the past, it is time to destroy those limiting beliefs and limiting decisions that stop us from living the life we deserve.

- ✦ Discover the power of Time Line Therapy® by learning it, practicing it. And experiencing it for yourself. This tool is scientifically proven to remove all these blockages from your nervous system!
- ✦ REMOVE all your fears, anxieties, and negative emotions that are holding you back from your desired future path. Your nervous system stores negative emotions from your past and blocks energy flow and inhibits the body's own self healing mechanisms. We have seen clients' physical bodies transform using this technique!
- ✦ Finally, its time to remove all limiting beliefs that are holding you back E.g. I am not good enough, or I don't deserve, or that I can't create the wealth that I want
- ✦ Also discover how to remove phobias in 10 minutes or less
- ✦ And rid yourself of anxiety forever





# NLP PRACTITIONER TRAINING



## DAY FIVE

Our FINAL day!

Now that we have dealt with the barriers to your success, it's time to create your future. Using the specific tools, we will create the future of your desires and use a proven process to activate your goals into your nervous system so they become absolutely guaranteed to take place! Today you'll leave with a clear understanding with what you want in your life, make fundamental decisions and create your future exactly the way you want it! Clarity is Power!

We will then finalise the steps to send you out with all your skills and the framework to work with others, whether in therapy or business. One of the key aspects is the area of selling. Everyone is selling something, whether it be an idea, a product, or service.

In business, the person who understands the process of selling best will always influence the other person. What is it that causes us to buy or not buy? We will look at the forces which cause us to make a decision to buy and use the science of communication to have you become a master seller, no matter what idea, product or service you are selling!

Do you have a product or service you are selling or would like to sell? What if we could show you a way to influence the other person at the unconscious level so they do exactly what you want them to do? Are you being paid for the real value you add to other people's lives? We will teach you the Ultimate 5 Step Sales Process that has been modelled from the Top Sales Masters in the world! It has been used by our clients who have doubled, tripled and absolutely exploded their income!

On this Transformation Day you will:

- ✦ Learn and implement one of the most powerful goal setting process for not only creating your future, but cementing it in. This process will activate your nervous system, so your goals are guaranteed to take place.
- ✦ Learn the ultimate sales strategy which will assist you to take your career and business to the next level.
- ✦ Learn to become an NLP Coach to create a successful business for yourself and others



# NLP PRACTITIONER TRAINING



## YOUR INVESTMENT



## ACCELERATED NLP PRACTITIONER CERTIFICATION TRAINING

Training price includes:

- ✓ NLP Practitioner Manual
- ✓ 20 CD Practitioner Audio Pre-Study (valued at \$895)
- ✓ Time Line Therapy® and the Basis of Personality (book) (valued at \$55)
- ✓ Magic of NLP Demystified (book) and shipping (Australia wide) (valued at \$65)

When You Study With Us, You Will Be Able to Use NLP

Use your skills in:

- ✦ Business and Personal Coaching
- ✦ All Modes of Business including Sales and Communication
- ✦ Learning and Educational Coaching
- ✦ To Create Change and Growth on a Personal Level
- ✦ Therapy and Relationship Coaching

To register call Sara on 07 4921 1140 (Australia) or 0204 186 6988 (New Zealand)  
or visit [www.masterresults.com.au](http://www.masterresults.com.au)



# NLP PRACTITIONER TRAINING



## SARA MCCARTNEY – YOUR COACH AND TRAINER



Sara has always had a passion for assisting people to achieve and to improve, to being the best version of themselves.

Sara's background is in psychology, and with a growing interest in human behaviour and motivations for change, Sara continued her learning and welcomed the world of NLP, Time Line Therapy® and Hypnotherapy, which enabled her to not only embrace her own passion, but assist others in developing theirs.

Sara operates a success coaching and training business which has worked with individuals and businesses to take themselves to the next level of their success goals.

Sara believes that the only limitation a person has on themselves, is the one they place on themselves. If you want to let go of all limitations, this join Sara in this training and start of your journey TODAY!